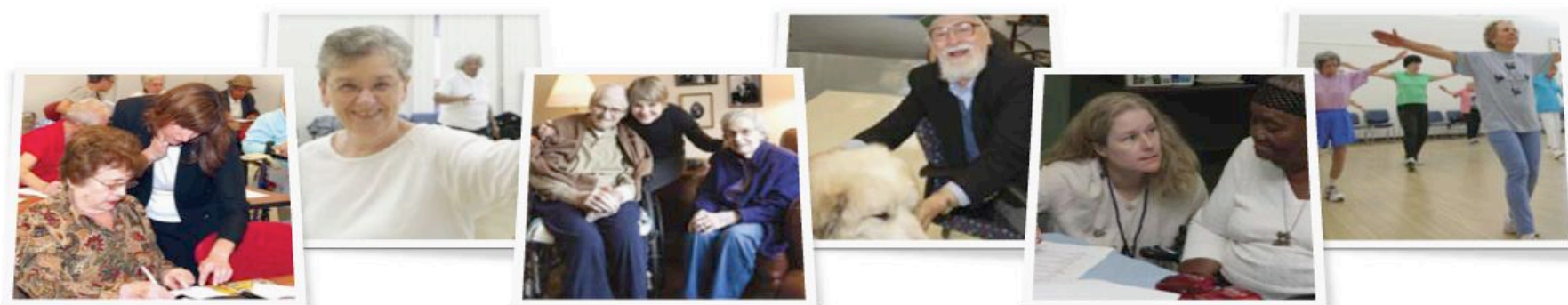




Improving the lives of older Americans

Systems Change for Healthy Aging

Nancy Whitelaw, PhD
National Council on Aging
November 2009



Healthy AgingMore than a program

Healthy aging is a systems change strategy, not simply a program or service.



Foundation of Change

- Self-management & Self-determination
- Prevention
- Evidence & Outcomes
- Equity
- Community-based, Collaborative Solutions

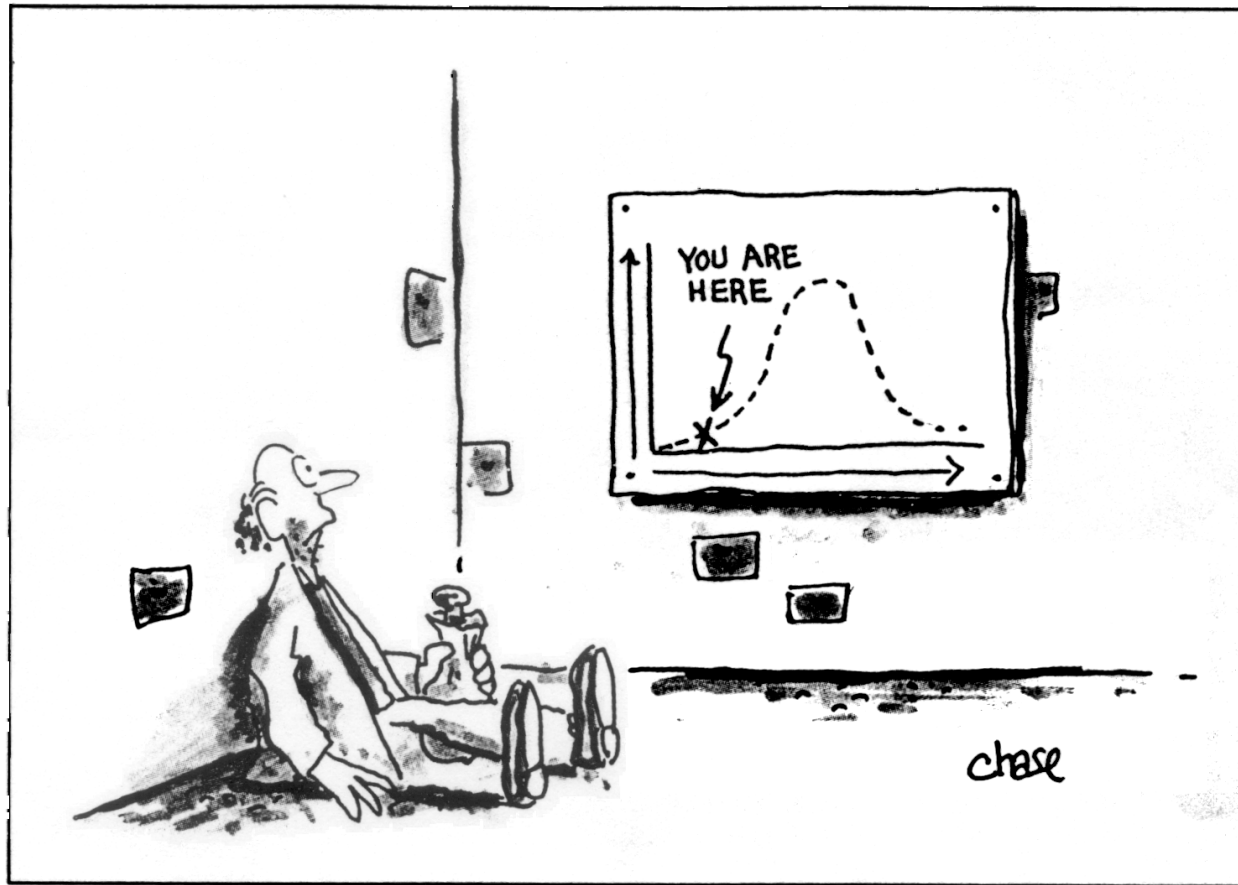


An Evidence-based Approach

- Evidence of a Problem
- Evidence of Programs with Results
- Evidence about Embedding and Sustaining



The Road Ahead and A Call to Action



Thank you -

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