



# National Prevention Strategy

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# Overview

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- National Prevention Council
  - National Prevention Advisory Group
  - National Prevention Strategy
  - Implementation/Opportunities for State and local action.
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# The Affordable Care Act

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**In Addition to Coverage, Quality, and Cost...**

**Unique Opportunities for  
Prevention**

# The National Prevention Council

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- *Role/Responsibility:*

- Prioritize and align prevention efforts across the federal government and the nation

- *Composition:*

- Chaired by the Surgeon General
- Council members: 17 federal departments
- Advisory Group: 25 non-federal members

# National Prevention Council

<b>Bureau of Indian Affairs</b>	<b>Department of Labor</b>
<b>Corporation for National and Community Service</b>	<b>Department of Transportation</b>
<b>Department of Agriculture</b>	<b>Department of Veterans Affairs</b>
<b>Department of Defense</b>	<b>Environmental Protection Agency</b>
<b>Department of Education</b>	<b>Federal Trade Commission</b>
<b>Department of Health and Human Services</b>	<b>Office of Management and Budget</b>
<b>Department of Homeland Security</b>	<b>Office of National Drug Control Policy</b>
<b>Department of Housing and Urban Development</b>	<b>White House Domestic Policy Council</b>
<b>Department of Justice</b>	

# National Prevention Council: Charge

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1. Develop the National Prevention and Health Promotion Strategy (National Prevention Strategy)
2. Provide ongoing leadership and coordination of federal prevention and health promotion efforts
3. Produce an Annual Status Report on the National Prevention Strategy progress

# Advisory Group

- 17 non-federal members
- Statutory Role:
  - Develop policy and program recommendations
  - Advise National Prevention Council on prevention and health promotion practices

Affordable Care Act: Section 4001

# National Prevention Strategy

- Extensive stakeholder and public input
- Aligns and focuses prevention and health promotion efforts with existing evidence base
- Supports national plans, such as:
  - Healthy People 2020
  - The White House Task Force on Childhood Obesity Report to the President
  - The Dietary Guidelines for Americans and MyPlate

# Vision

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Working together to improve the health and quality of life for individuals, families, and communities by moving the nation from a focus on sickness and disease to one based on prevention and wellness.

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# National Prevention Strategy



# Healthy and Safe Community Environments

Healthy & Safe  
Community  
Environments



- Clean air and water
- Affordable and secure housing
- Sustainable and economically vital neighborhoods
- Make healthy choices easy and affordable

# Clinical and Community Preventive Services

- Evidence-based preventive services are effective
- Preventive services can be delivered in communities
- Preventive services can be reinforced by community-based prevention, policies, and programs
- Community programs can promote the use of clinical preventive service (e.g., transportation, child care, patient navigation issues)

**Clinical  
& Community  
Preventive Services**



# Clinical and Community Preventive Services



- Even when healthy options are available and affordable, people still must make the healthy choice
- People are empowered when they have the knowledge, resources ability, and motivation to identify and make healthy choices
- When people are empowered, they are able to take an active role in improving their health, supporting their families and friends in making healthy choices, and leading community change

# Elimination of Health Disparities

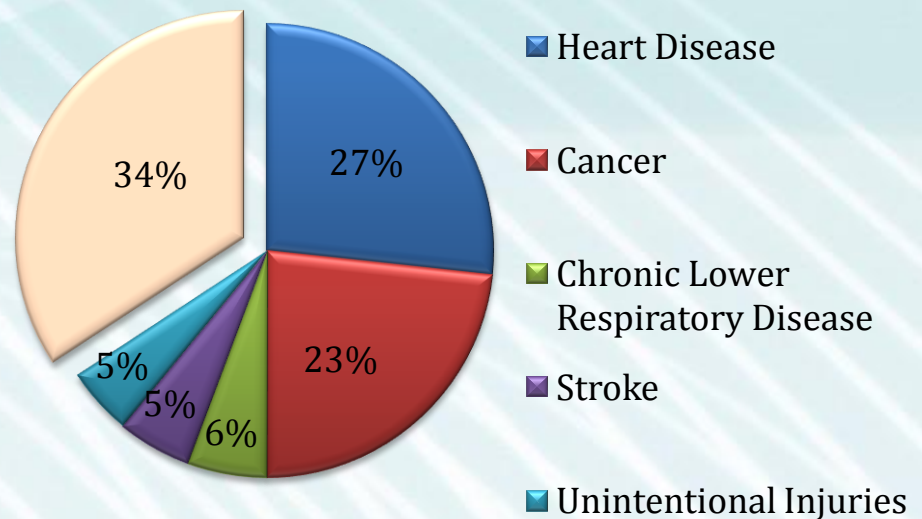
- Health outcomes vary widely based on race, ethnicity, socio-economic status, and other social factors
- Disparities are often linked to social, economic or environmental disadvantage
- Health disparities are not intractable and can be reduced or eliminated with focused commitment and effort



# Priorities

- Tobacco Free Living
- Preventing Drug Abuse and Excessive Alcohol Use
- Healthy Eating
- Active Living
- Mental and Emotional Well-being
- Reproductive and Sexual Health
- Injury and Violence Free Living

**Five Causes Account For 66% of All Deaths**



Source: National Vital Statistics Report, CDC, 2008

# Recommendations (Example)

## Active Living

- Encourage community design and development that supports physical activity.
- Promote and strengthen school and early learning policies and programs that increase physical activity.
- Facilitate access to safe, accessible, and affordable places for physical activity.
- Support workplace policies and programs that increase physical activity.
- Assess physical activity levels and provide education, counseling, and referrals.

# Partners Can... (Example)

## States, Tribal, Local, and Territorial Governments

- Support schools and early learning centers in meeting physical activity guidelines.

## Health Care Systems, Insurers, and Clinicians

- Conduct physical activity assessments, provide counseling, and refer patients to allied health care or health and fitness professionals.

## Businesses and Employers

- Adopt policies and programs that promote walking, bicycling, and use of public transportation.

## Individuals and Families

- Engage in at least 150 minutes of moderate-intensity activity each week (adults) or at least one hour of activity each day (children).

# NPS Implementation Resources: Indicators/Key Documents

Indicator	Current	10-Year Target
Proportion of adults who meet physical activity guidelines for aerobic physical activity	43.5%	47.9%
Proportion of adolescents who meet physical activity guidelines for aerobic physical activity	18.4%	20.2%
Proportion of the nation's public and private schools that provide access to their physical activity spaces and facilities for all persons outside of normal school hours	28.8%	31.7%
Proportion of commuters who use active transportation (i.e. walk, bicycle, and public transit) to travel to work	8.7%	20.0%

Table 7—Active Living Indicators

## *Key Documents*

- *Physical Activity Guidelines for Americans*
- *The White House Task Force on Childhood Obesity Report to the President*

# NPS Implementation Resources: Evidence by Recommendation

Recommendation	Supporting Evidence-Based Interventions
<b>HEALTHY AND SAFE COMMUNITY ENVIRONMENTS</b>	
<b>Improve quality of air, land, and water.</b>	<ul style="list-style-type: none"> <li>▪ <b>HP:</b> Reduce exposure to selected environmental chemicals in the population, as measured by blood and urine concentrations of the substances or their metabolites. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> <li>▪ <b>HP:</b> Improve quality, utility, awareness, and use of existing information systems for environmental health. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> <li>▪ <b>HP:</b> Increase the number of States, Territories, Tribes, and the District of Columbia that monitor diseases or conditions that can be caused by exposure to environmental hazards. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> </ul>
<b>Design and promote affordable, accessible, safe, and healthy housing.</b>	<ul style="list-style-type: none"> <li>▪ <b>HP:</b> Reduce indoor allergen levels. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> <li>▪ <b>HP:</b> Increase the number of homes with an operating radon mitigation system for persons living in homes at risk for radon exposure. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> <li>▪ <b>HP:</b> Increase the percentage of new single family homes (SFH) constructed with radon-reducing features, especially in high-radon-potential areas. <a href="http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12">http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicid=12</a></li> <li>▪ <b>HP:</b> Increase the percentage of new single family homes (SFH) constructed with radon-reducing features, especially in high-radon-potential areas.</li> </ul>

# NPS Implementation Resources:

## Key Indicators

Key Indicator	Aligned HP2020 Measure	Data Source	Frequency of Data Collection	Baseline (Year)	Target (Method)
<b>CLINICAL AND COMMUNITY PREVENTIVE SERVICES</b>					
Proportion of medical practices that use electronic health records	HC/HIT-10	National Ambulatory Medical Care Survey, Centers for Disease Control and Prevention, National Center for Health Statistics	Annually	25.0% (2007)	27.5% (10% improvement)
Proportion of adults aged 18 years and older with hypertension whose blood pressure is under control	HDS-12	National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics	Annually, released in 2-year increments biennially	43.7% (2005 – 2008)	61.2% (40% improvement)
Proportion of adults aged 20 years and older with high low-density lipoprotein (LDL) cholesterol whose LDL is at or below recommended levels	N/A	National Health and Nutrition Examination Survey, Centers for Disease Control and Prevention, National Center for Health Statistics	Annually, released in 2-year increments biennially	33.2% (2005-2008)	36.5 % (10% improvement)
Proportion of adults aged 50 to 75 years who receive colorectal cancer screening based on the most recent guidelines	C-16	National Health Interview Survey, Centers for Disease Control and Prevention, National Center for Health Statistics	Periodically	54.2% (2008)	70.5% (modeling/projection)
Estimated proportion of persons who received an influenza vaccination during the influenza season <sup>10</sup>	IID-12.1	National Immunization Survey, Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases, National Center for Health	Annually	6 – 23 mos: 23.0% (2008)	6 mos – 64 yrs: 80.0% (consistency with national programs)

# Implementation

## *Statutory Role:*

- Provide coordination and ongoing leadership
- Establish processes for continual public input
- Establish specific and measureable agency-specific actions to address recommendations
- Monitor and track state actions
- Annual Status Report

# Optimal Implementation

**Communication**

**Alignment**

**Network & Capacity Building**

**Partner Engagement**

**Analysis and Research**

**Evaluation and Accountability**

# State, Tribal, Local, and Territorial Governments can

- Include health criteria as a component of decision making
- Participate in national voluntary accreditation of health departments
- Increase delivery of clinical preventive services
- Foster collaboration among community-based organizations, the education and faith-based sectors, businesses, and clinicians to identify underserved groups and implement programs to improve access to preventive services

# State, Tribal, Local, and Territorial Governments can (continued)

- Offer accurate, accessible, and actionable health information in diverse settings and programs
- Create healthy environments that support people's ability to make healthy choices (smoke free buildings, cafeterias with healthy options)
- Use data to identify populations at greatest risk and work with communities to implement policies and programs that address highest priority needs.
- Support schools and early learning centers in meeting physical activity guidelines

# What's Next

- Federal Implementation Planning
- National Implementation efforts
- Tools and resources to support NPS communication, planning and integration.
- Enhanced Web presence
- Monitor and track progress
- Share successes/best practices!

# What can you do?

- Incorporate NPS in your communications to programs, stakeholders and employees
- Engage other Departments in prevention planning and implementation
- Frame future policies and regulations with prevention in mind
- Share successes/best practices!

Thank you.

For more information go to:

[www.healthcare.gov/nationalpreventioncouncil](http://www.healthcare.gov/nationalpreventioncouncil)