

THE POWER OF PARKS



Do you know the power of your local parks and recreation? Yes, they provide beautiful green spaces and fun programs, but they do so much more and the benefits are immense. Learn more at www.nrpa.org/power-of-parks and watch the video.

PARKS HAVE ENVIRONMENTAL POWER



1 ACRE OF TREES
absorbs the carbon dioxide produced by
DRIVING A CAR 11,000 MILES.

PARKS HAVE HEALTH POWER

Increased access to places
for physical activity leads to a
25% increase
in people exercising
3 or more days a week.

PARKS HAVE SAFETY POWER

In Macon, GA, a revitalized park
that included new programming
and beautification efforts
reduced incidents of
crime and violence by
50%.

Sources:
Centers for Disease Control, Environmental Protection Agency,
American Planning Association



PARKS HAVE COMMUNITY POWER

Parks strengthen community ties and
bring diverse populations together.

Parks have the power to strengthen
communities, transform lives, and
protect the future.

**Parks are the most powerful
aspect of every community.**



National Recreation
and Park Association

#PowerOfParks