

# Men's Health Statistics



## Health Facts:

Men die at higher rates than women from 9 of the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS)

In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

## Silent Health Crisis

There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremlion  
Men's Health Network

## Prevention:

Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)



## Cause & Rate<sup>1</sup>

	Men	Women
Heart Disease	210.9	131.8
Cancer	192.9	138.1
Injuries	54.7	27.3
Stroke	36.9	35.6
Suicide	20.7	5.8
HIV/AIDS	3.0	1.1

## Men as Victims of Homicide

The chance of being a homicide victim places African-American men at unusually high risk.

Chance of being a Homicide Victim\*

1 in 30 for black males      1 in 179 for white males  
1 in 132 for black females      1 in 495 for white females

\*BJS DATA REPORT, 1989

## Who is the Weaker Sex?

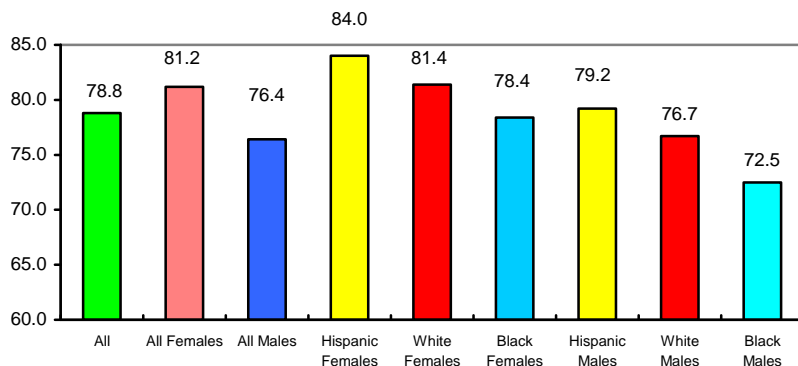
- ◆ 115 males are conceived for every 100 females.
- ◆ The male fetus is at greater risk of miscarriage and stillbirth.
- ◆ 25% more newborn males die than females.
- ◆ 3/5 of SIDS victims are boys.
- ◆ Men suffer hearing loss at 2x the rate of women.
- ◆ Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- ◆ Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- ◆ By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

## Depression and Suicide<sup>1</sup>

Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

- ◆ Among ages 15 to 19, boys were 3.1 x as likely as girls to commit suicide.
- ◆ Among ages 20 to 24, males were 4.6 x as likely to commit suicide as females
- ◆ The suicide rate for persons age 65 and above: men...31.5 – women...5.

Life Expectancy At Birth, 2014



## To learn more, contact:

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1 Centers for Disease Control and Prevention and the National Center for Health Statistics, Health, United States 2015. Retrieved June 3, 2016  
2 Life Expectancy data are from CDC/NCHS, Health, United States, 2015