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Program Implementation

Kristjansson, A. L., Mann, M. J., Sigfusson, J., Thorisdottir, I. E., Allegrante, J. P., & Sigfusdottir, I. D. (2019). **Development and Guiding Principles of the Icelandic Model for Preventing Adolescent Substance Use**. Health Promotion Practice. <https://doi.org/10.1177/1524839919849032>

- This article is the second in the two-part series on the Icelandic Prevention Model (the first article is described in the Needs Assessment section). The authors present and discuss the 10 core steps to implementing the Icelandic Model as developed to address an unexpected increase in adolescent substance use in Iceland and then applied in several other countries. Community-developed goals and Implementation strategies illustrate application of the model.
- 10 pages, [free download with link](#) (library subscription or SOPHE membership not required). Full page tables outlining the core steps and related implementation strategies. Excellent for both undergraduate and graduate level instruction

Livingood, W. C., Bilello, L., Lukens-Bull, K., Smotherman, C., & Choe, U. (2019). **Implementation Research as Applied Science: Bridging the Research to Practice Gap**. Health Promotion Practice. <https://doi.org/10.1177/1524839919858082>

- This article uses a case study approach to illustrate and discuss the use of quality improvement (QI) as the implementation model guiding an effective effort to establish texting STI test results as organizational practice in five county health departments. The authors introduce implementation science and demonstrate the differences between organizational change efforts framed from a research or a QI perspective.

- 9 pages, with tables showing characteristics of local health departments and key findings in the QI process. Likely better suited for graduate instruction, may be suitable for advanced undergraduate courses.

Lee, J. A., & Welk, G. J. (2019). **Association Between Comprehensive School Physical Activity Program Implementation and Principal Support.** Health Promotion Practice.

<https://doi.org/10.1177/1524839919862767>

- This article reports on the results of a study to evaluate the impact of school principal support for implementation of the Comprehensive School Physical Activity Program (CSPAP). Schools involved in the Iowa FitnessGram Initiative participated in implementation-focused process evaluation. The authors identify principal support as key to partial or full implementation and provide a set of evidence-based recommendations for fostering that support. The recommendations are applicable to gaining administrative support across other settings.
- 9 pages, clear implications for practice section at the end, suitable for both undergraduate and graduate levels

Simmavong, P. K., Hillier, L. M., & Petrella, R. J. (2019). **Lessons Learned in the Implementation of HealthSteps: An Evidence-Based Healthy Lifestyle Program.** Health Promotion Practice, 20(2), 300–310. <https://doi.org/10.1177/1524839918759946>

- This article reports on the implementation-related findings of a detailed process evaluation exploring the feasibility of translating HealthSteps, an evidence-based intervention in community and clinic settings in Canada. The program is designed to address chronic disease, particularly diabetes, but the identified barriers, supports, and implementation recommendations are applicable to other health content and settings.
- 11 pages, excellent half and full page figures showing findings and recommendations, suitable for both undergraduate and graduate levels.

Quinn, M., Kowalski-Dobson, T., & Lachance, L. (2018). **Defining and Measuring Sustainability in the Food & Fitness Initiative**. *Health Promotion Practice*, 19(1_suppl), 78S-91S.

<https://doi.org/10.1177/1524839918782697>

- Description of the process and findings from evaluation of the 10 community-based food and fitness partnerships funded by the W.K. Kellogg Foundation, with particular emphasis on implementation and sustainability. Ten dimensions of sustainability were assessed with a stakeholder survey and then developed through interviews with partnership leaders. Key themes and factors contributing to the sustainability of program implementation are detailed and discussed.
- 14 pages, free download from the link (does not require library subscription or SOPHE membership), with several full page charts of indicators, participant quotes, survey results. Interesting and contemporary data visualization techniques in quantitative tables. Detailed but accessible writing style, should be suitable for both advanced undergraduate and graduate instruction.