

WSCC TEAM

BUILDING SUPPORT

> Handout Packet



Handout Packet for Making the Case: Building and Sustaining Administrative Support

Handout #1: Key Points and Notes

Handout #2: Why School Health is Important

Handout #3: Ideas for Building Administrative Buy-in

Handout #4: Additional Resources

*“If we believe in something, we had better
find ways to say so convincingly”*

— TONY JUDT

Handout #1: Key Points and Notes

Warm-Up Activity

List groups of people for whom buy-in is needed for implementation of the Whole School, Whole Community, Whole Child model.

What is a healthy school?

- Teaches, supports, and models healthy behaviors throughout the school
- Fosters physical, mental, social, and intellectual health development
- Connects students to services and programs
- Uses the Whole School, Whole Community, Whole Child (WSCC) model

Why is a healthy school important?

- Good Health
- Academic Success
- Economic Security
- National Security
- Social Progress

NOTES:

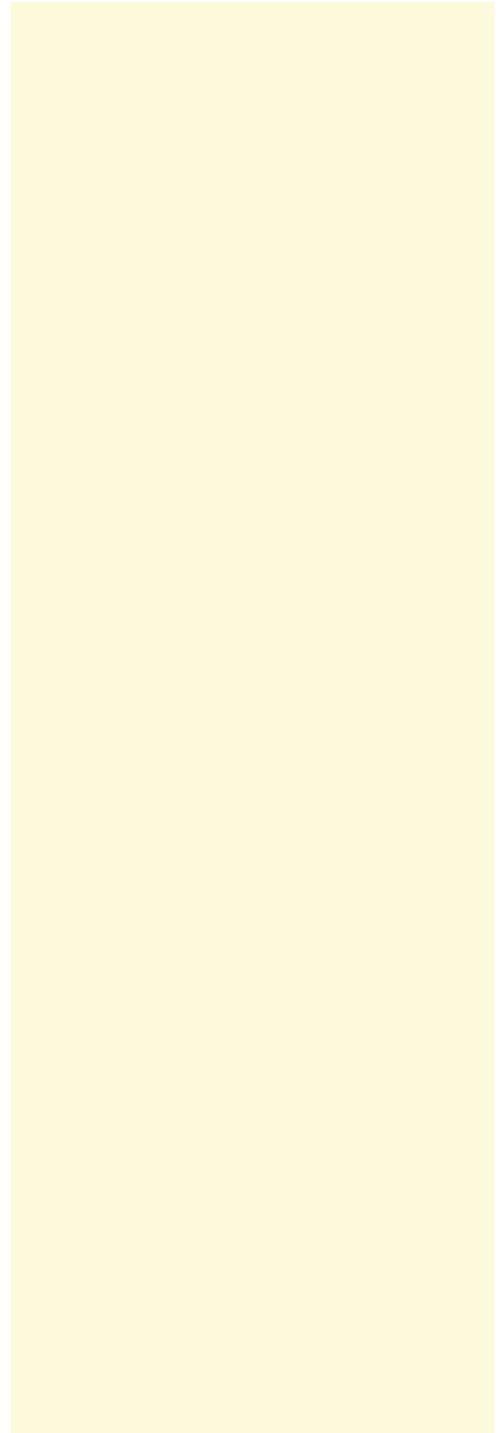
How would you describe a healthy school?

Why is school health important to YOU?

Handout #2: Why School Health is Important

NOTES:

Good Health
Academic Success
Economic Security
National Security
Social Progress



Handout #3: Ideas for Building Administrative Buy In

Directions:

- _____ Build a relationship with your administrator before asking for something.
- _____ Invite him/her to see your school health work in action.
- _____ Offer gratitude and recognition for any support.
- _____ Work collaboratively with others in your school to promote health.
- _____ Be willing to go above and beyond.
- _____ Offer to share your school health work and ideas at faculty meetings.
- _____ Connect current school goals with your health work.
- _____ Garner student and parent support.
- _____ Ask your administrator for input and advice on your work.
- _____ Build accountability into your plan to show improvement/growth/change.
- _____ Make an effort to meet face-to-face.
- _____ Provide follow-up, thank you note, and written record of meeting conversation — it helps the principal document the conversation and your work.
- _____ Share local school data.

Other Ideas:

Other ways administrators can support the implementation of the WSCC model:

— *Special thanks to the administrators who provided these suggestions.* —

Handout #4: Additional Resources

Carr, D., Schaible, A., & Thomas, K. (n.d.). *Health in mind: Improving education through wellness [PDF]*. https://healthyschoolscampaign.org/wp-content/uploads/2015/07/Health_in_Mind_Report.pdf

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Council for a Strong America. (2018). *Unhealthy and unprepared*. Retrieved from <https://www.strongnation.org/articles/737-unhealthy-and-unprepared>

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National Association of Chronic Disease Directors (NACDD). (2017). *The whole school, whole community, whole child model: A guide to implementation [PDF]*. pp. 26–31. https://cdn.ymaws.com/www.chronicdisease.org/resource/resmgr/school_health/NACDD_TheWholeSchool_FINAL.pdf

Society for Public Health Education. (2019). *Social and emotional learning (SEL) and school health: Addressing SEL through the whole school, whole community, whole child framework*. Washington, D.C. Retrieved from <https://www.sophe.org/focus-areas/school-health/>

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