

WSCC TEAM

# BUILDING SUPPORT

> Handout Packet



## Handout Packet for Making the Case: Building and Sustaining Administrative Support

Handout #1: Key Points and Notes

Handout #2: Why School Health is Important

Handout #3: Ideas for Building Administrative Buy-in

Handout #4: Additional Resources

***“If we believe in something, we had better find ways to say so convincingly”***

— TONY JUDT

## Handout #1: Key Points and Notes

### Warm-Up Activity

List groups of people for whom buy-in is needed for implementation of the Whole School, Whole Community, Whole Child model.

### What is a healthy school?

- Teaches, supports, and models healthy behaviors throughout the school
- Fosters physical, mental, social, and intellectual health development
- Connects students to services and programs
- Uses the Whole School, Whole Community, Whole Child (WSCC) model

### Why is a healthy school important?

- Good Health
- Academic Success
- Economic Security
- National Security
- Social Progress

### NOTES:

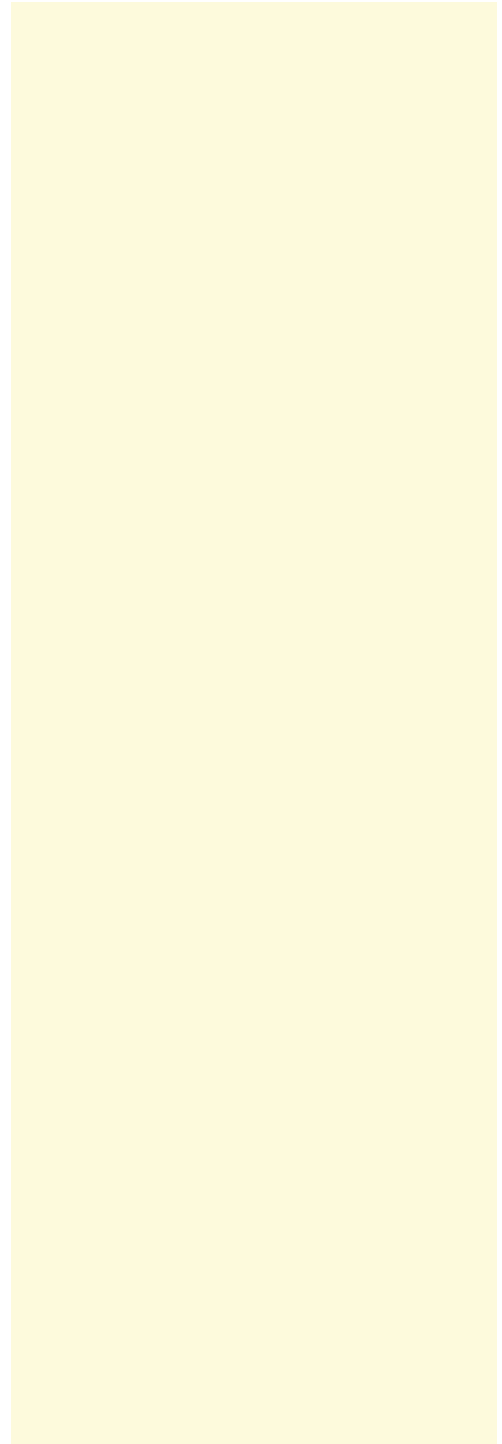
How would you describe a healthy school?

Why is school health important to YOU?

## Handout #2: Why School Health is Important

**NOTES:**

Good Health
Academic Success
Economic Security
National Security
Social Progress



## Handout #3: Ideas for Building Administrative Buy In

### Directions:

- \_\_\_\_\_ Build a relationship with your administrator before asking for something.
- \_\_\_\_\_ Invite him/her to see your school health work in action.
- \_\_\_\_\_ Offer gratitude and recognition for any support.
- \_\_\_\_\_ Work collaboratively with others in your school to promote health.
- \_\_\_\_\_ Be willing to go above and beyond.
- \_\_\_\_\_ Offer to share your school health work and ideas at faculty meetings.
- \_\_\_\_\_ Connect current school goals with your health work.
- \_\_\_\_\_ Garner student and parent support.
- \_\_\_\_\_ Ask your administrator for input and advice on your work.
- \_\_\_\_\_ Build accountability into your plan to show improvement/growth/change.
- \_\_\_\_\_ Make an effort to meet face-to-face.
- \_\_\_\_\_ Provide follow-up, thank you note, and written record of meeting conversation — it helps the principal document the conversation and your work.
- \_\_\_\_\_ Share local school data.

### Other Ideas:

Other ways administrators can support the implementation of the WSCC model:

— *Special thanks to the administrators who provided these suggestions.* —

## Handout #4: Additional Resources

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